

BOOK & JOURNAL PUBLICATIONS.



Book Publications.

- Grimley, B (2013) The theory and practice of NLP Coaching: A psychological approach. London: Sage
- Grimley, B (2019). 7C's coaching. A personal journey through the world of NLP and Coaching Psychology. London: Routledge.
- Grimley, B (2027). Harnessing Multiplicity and Encouraging Excellence with The 7Cs of Coaching. London: Routledge. (In Print).
- McMahon, G. Archer, A. (2010) 101 Coaching Strategies and Techniques. Routledge. (Chapters 35, 38, 44, 59 and 84)
- Cox, E. Bachkirova, T. Clutterbuck, D (2010) The complete Handbook of Coaching. Sage Publishing. (Chapter 13 The NLP approach to coaching)
- Cox, E. Bachkirova, T. Clutterbuck, D (2013) The complete Handbook of Coaching. Sage Publishing. 2nd Ed (Chapter 13 The NLP approach to coaching)
- Palmer, S. Whybrow, A. (2007) Handbook of Coaching Psychology. A guide for practitioners. Routledge (Chapter 11 NLP Coaching)
- Wake, L. Gray, R. Bourke, F (October 2012) The Clinical Effectiveness of Neurolinguistic Programming A Critical Appraisal. Routledge (Chapter 4 anxiety cluster disorders)
- Palmer, S. Whybrow, A. (2018) Handbook of Coaching Psychology. A guide for Practitioners 2nd Edition. Routledge (Chapter 11 NLP Coaching)
- Cox, E. Bachkirova, T. Clutterbuck, D (2018) The complete Handbook of Coaching. Sage Publishing. 3rd Ed (Chapter 13 The NLP approach to coaching)
- Shams, M. (2022). Psychology in Coaching Practice. A guide for professionals (1st ed). Maidenhead: Open University Press, McGraw Hill. (Chapter 6. Pluralistic Coaching: Building Bespoke Process.)

BOOK & JOURNAL PUBLICATIONS.

- Cox,E. Bachkirova,T. Clutterbuck,D (2023) The complete Handbook of Coaching. Sage Publishing. 4th Ed (Chapter 13 The NLP approach to coaching with Robert Dilts).
- Cox,E. Bachkirova,T. Clutterbuck,D (2026) The complete Handbook of Coaching. Sage Publishing. 5th Ed (Chapter 13 The NLP approach to coaching with Robert Dilts).

Journal Publications.

- Upward Appraisal: Participative management or window dressing? *The Occupational Psychologist* No 39. April 2000.
- Simply the Stressed! *The Occupational Psychologist* No 43. August 2001.
- Sexy Variables. *Rapport Journal*. Summer 2002.
- A focus on excellence. *The occupational psychologist, special coaching issue* 2003.
- Still Top of the Pops. Summer *Cathexis* 2004.
- Hard Science in a Soft world. Summer. *Counselling Psychology Review* 2004.
- Sailing the 7 C's of Courage. *AC Bulletin* Summer 2005.
- A time for NLP to get positive: A response to Linder-Pelz and Hall. *The coaching psychologist* volume 3 Number 2 2007.
- Where is the Evidence? *Rapport*. Winter 2009/10
- So What is NLP Coaching? *The Coaching Psychologist*, Vol. 5, No. 2, December 2009
- Research in Practice: Qualitative Research. *Rapport*. Summer 2012.
- NLP a promising coaching paradigm (2012) *The Coaching Psychologist*, Vol. 8, No.2, December 2012© The British Psychological Society – ISSN: 1748–1104
- Neuro-linguistic programming. Still top of the pops after 40 years, *OP Matters*, No. 19 September 2013. (Leicester, British psychological Society)
- NLP : Misunderstood by Psychologists. *Sports and Exercise Psychology Review*. Summer 2015.
- Alter Ego – the authentic chameleon, (2015) *The Listener, A journal for coaches*. #7, April, (2015) Colchester, Ken Smith Coaching Ltd.
- What is NLP? *PhD dissertation*. (University of Central Nicaragua, UCN, 2015)
<http://ow.ly/XQqcA>

BOOK & JOURNAL PUBLICATIONS.

- What is NLP? The development of a grounded theory of Neuro-Linguistic Programming, (NLP), within an action research journey. Implications for the use of NLP in Coaching Psychology. (2016) *International Coaching Psychology Review* Volume 11 No. 2 September (2016) pp166-178
- Removal of PTSD symptoms in a client using Neuro-Linguistic Programming. A case history. (2016) *The Journal of Experiential Psychotherapy*. December 2016.
- De Rijk, L, Hollander, J, Derks, L & Grimley, B. (2016) The Elder Columns: *. Powered by NLP. Reflections and Future Developments of NLP From The NLP Leadership Summit January* 2016. Crowborough: GWiz publishing.
- Why NLP needs to obtain academic credibility, (2017) *Acuity*. Volume 6
- Why we need an answer to the question “What is NLP?” (2017) *Rapport* Issue 54, Spring .
- The need for Neuro-Linguistic Programming to develop greater construct validity. (2019) *International Coaching Psychology Review* 14(1): 31-44
- De Rijk L, Derks L, Grimley B, Hollander J (2019) The evidence for NLP. *International Coaching Psychology Review* 14(1): 5-30
- Sailing the 7C's of Courage. A Framework for One-to-one Work Emerging from Neuro-Linguistic Programming (NLP) - a Single Case History. *Journal of Experiential Psychotherapy* 24 (1(93)): 3-17
- Sailing the 7C's of Courage - Away from the Practice of NLP and Towards a Novel and Cohesive Theory of Change. A Single Case History. *Journal of Experiential Psychotherapy* 24 (2(94)): 3-11
- Dormandy, K & Grimley, B. (2024). Gatekeeping in Science: Lessons from the Case of Psychology and Neuro-Linguistic Programming. *Social Epistemology, A Journal of Knowledge, Culture and Policy*. Taylor & Francis.
<https://www.tandfonline.com/doi/full/10.1080/02691728.2024.2326828>
- <https://www.huecker.com/cgi-bin/research/nlp-rdb.cgi> (type in “Grimley” to see papers on Dr Grimley’s specialist area; “Neuro-Linguistic Programming”.)

Acknowledgements

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- Rosen, G. M. (2023). Revisiting the Origins of EMDR. *Journal of Contemporary Psychotherapy*. <https://doi.org/10.1007/s10879-023-09582-x>
- Rosen, G.M and Pankratz, L (2025). Extra! Extra! Read All About It! A “Decisive Moment” Reveals the Origins of EMDR. *Journal of Contemporary Psychology*.
- Dormandy, K. (2023). The dialogue in the book of Job. Perspectives for a successful religious dialogue. (In: *Epistemic Responsibility in Dialogue*, ed. Andreas Koritensky, Margit Wasmaier-Sailer, Veronika Weidner. Herder Verlag, 2023)
- Dormandy, K. (2024). Disagreement and Religious Practice in Routledge Handbook of the Philosophy of Disagreement, edited by Maria Baghramian, J. Adam Carter, and Richard Rowland. London: Routledge.